

ProjectsAbroad

help...  
learn...  
explore!

GROUP TRIPS



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## ➔ INTRODUCTION

Projects Abroad can offer groups of five or more volunteers the option to custom-design a placement to suit their goals and interests. These programmes can range in length from a couple of weeks to several months, depending on the time you have available and visa requirements in the destination country.

Our overseas tailor-made trips are suitable for groups from all areas of society: School groups on a summer break; students from a University department; Sports teams; even a group of friends looking for a truly original volunteering experience!

### SOME IMPORTANT INFORMATION FOR GROUP LEADERS

Travelling overseas with a group can be a daunting prospect. This is why you will want to know you are in safe hands. Let us put your mind at rest! Some important points to remember:

- We have 15 years of experience
- Pre-departure advice and meetings with trip coordinator
- In-country support for safety and security
- Regular advice from the Foreign & Commonwealth Office
- All our placements are regularly checked by our overseas staff and visited by UK staff

### PROJECTS AND DESTINATIONS

Group trips can be arranged in any of our 20 destinations.

ARGENTINA	MOLDOVA
BOLIVIA	MONGOLIA
CAMBODIA	MOROCCO
CHILE	NEPAL
CHINA	PERU
COSTA RICA	ROMANIA
ETHIOPIA	SENEGAL
GHANA	SOUTH AFRICA
INDIA	SRI LANKA
MEXICO	THAILAND



We have selected 6 projects – on the following pages – to give you an idea of what is on offer.

## ➔ Group Development Projects



### COMMUNITY WORK IN GHANA

Projects Abroad runs a community housing project and a community garden project in the picturesque Akuapem hills north of Accra. We are helping local people construct new village houses, including a new school and community centre, in the previously run-down village of Kwamoso. Even in two weeks, you can see a difference! Our community garden is a small organic farm with a pets corner and small area for wildlife – this always needs tending and we encourage local schoolchildren to take an interest and work with us, so we hope you can spend a little of your time there too. We arrange a weekend in the city of Accra and a visit to Kokrobite Beach.

### CARE & COMMUNITY IN MOLDOVA

Moldova is unfortunately the poorest country in Europe. Nevertheless, Moldovans, despite major political, economic and social problems, are starting to pull themselves up by their bootstraps, helped by very modest European and US aid and investment. Volunteers are needed now to work with disabled young people, helping them with their rehabilitation and in some cases with special sports. We also help out at an orphanage situated on the banks of Dniester River. You spend the weekend in rural Moldova, sampling traditional food and learning about Moldovan history.



## Group Conservation Projects



### CONSERVATION & SPANISH IN MEXICO

Located at the Campamento Tecoman biological station on the Pacific Coast you will spend your time learning Spanish by day and helping protect the rare Olive Ridley turtle by night. This project offers you an opportunity like no other.

You will receive four hours of Spanish tuition a day. Classes are extremely interactive and you will receive great encouragement every step of the way. Whether you want to master the basics or just to brush up, or improve your Spanish, the teaching will be adjusted to your level.

In the evenings you will be working on our turtle project - helping count, collect and bury the precious eggs in a safe enclosure to protect them from predators and poachers. Once the eggs have hatched you will help release the new-born turtles into the sea.

Your weekend trip will be to one of our spectacular beach resorts of the Mexican Pacific coast. You will return home having improved your language skills, contributed to wildlife protection and thoroughly enjoyed your time in Mexico!

### CONSERVATION & ENVIRONMENT IN INDIA

Projects Abroad runs an organic farm on the edge of the Tamil plain right where it meets the Ghat Mountains. This is deep in rural India. As a group of volunteers you will take part in normal farm life, including milking the cows and tending the herbs and vegetables. Our farm is beginning to have a real impact on the approach to farming in the villages around, helped by our Outreach programme into local schools. This is a chance to take part in a project achieving scientific and community objectives. The weekend is spent exploring the great temples and other amazing sights in the pilgrimage city of Madurai.



## Expedition Projects



### NOMADIC LIFE IN MONGOLIA

This is an opportunity to get some direct experience of a way of life, and an ancient culture, that will inevitably change in the modern age. You can be of practical help to Nomadic families, as they move their herds and belongings from pasture to pasture, competing in Naadam racing and wrestling festivals, and living their lives in a harsh climate in their Gers (large round family tents). The Nomads also teach you skills to do with herding, archery and the preparation of festival food. At the weekend, we take you in search of dinosaur fossils.



### INCA PROJECTS IN PERU

The Empire of the Incas destroyed by the Spanish Conquistadores in the 16th century is still being rediscovered. With each discovery, our realisation of its greatness grows. Projects Abroad excavations have uncovered ancient trails, major agriculture schemes and fine stone buildings. You can join our excavators. We are sensitive to the needs of modern Peru and we would like you to help with our community work; assisting local people in a variety of projects, including important maintenance work as well as working with them to educate yourselves and them about the fascinating history of their ancestors. At the weekend you will have a chance to visit the world-famous Lost City of Machu Picchu.



Group Trips -  
 an example itinerary

COMMUNITY WORK IN GHANA

Day 1	Day 2	Day 3
<ul style="list-style-type: none"> <li>- Arrival in Accra</li> <li>- Taken to accommodation</li> <li>- Dinner</li> </ul>	<ul style="list-style-type: none"> <li>- Travel to Akuapem Hills</li> <li>- Intro to hosts</li> <li>- Comprehensive induction</li> <li>- Overview of project work</li> <li>- Quiz night</li> </ul>	<ul style="list-style-type: none"> <li>- Visit project sites</li> <li>- Briefing by construction co-ordinator</li> <li>- Start work at building project</li> </ul>
Day 4	Day 5	Day 6
<ul style="list-style-type: none"> <li>- Visit building site</li> <li>- Production of mud bricks</li> <li>- Cement mixing</li> <li>- Brick laying</li> </ul>	<ul style="list-style-type: none"> <li>- Clearing &amp; landscaping</li> <li>- Painting and decorating</li> <li>- African culture: drumming and dancing</li> </ul>	<ul style="list-style-type: none"> <li>- Travel to Accra</li> <li>- Arts &amp; crafts markets</li> <li>- Travel to Cape Coast</li> <li>- Dinner at Cape Coast cafe</li> </ul>
Day 7	Day 8	Day 9
<ul style="list-style-type: none"> <li>- Visit Kakum National Park</li> <li>- Visit Elmina Castle</li> <li>- Travel to Akuapem Hills</li> </ul>	<ul style="list-style-type: none"> <li>- Briefing by the Garden Project Coordinator</li> <li>- Visit Garden Project</li> <li>- Allocation of roles</li> <li>- Start work</li> </ul>	<ul style="list-style-type: none"> <li>- Garden Project work</li> <li>- Animal-care, crop-growing, flower-production, herb-growing and land-management</li> </ul>
Day 10	Day 11	Day 12
<ul style="list-style-type: none"> <li>- Garden Project work</li> <li>- Animal-care, crop-growing, flower-production, herb-growing and land-management</li> <li>- Sport activity</li> </ul>	<ul style="list-style-type: none"> <li>- Education of local school children on your project work</li> <li>- Spend time with herbalist</li> <li>- Sell produce</li> <li>- Walk to Umbrella Rock</li> </ul>	<ul style="list-style-type: none"> <li>- Finish work on Garden Project</li> <li>- Debrief &amp; achievements</li> <li>- Visit Koforidua bead market</li> <li>- Group meal at hilltop restaurant</li> </ul>
Day 13	Day 14	
<ul style="list-style-type: none"> <li>- Travel to Accra</li> <li>- Shopping in Osu</li> <li>- Visit Kokrobite</li> <li>- Dinner at chop bar</li> </ul>	<ul style="list-style-type: none"> <li>- Visit to Independence Square</li> <li>- Transport to Airport</li> <li>- Depart Accra</li> </ul>	

What  
 Projects Abroad  
 Provide?

PRE-DEPARTURE

- One point of contact – a dedicated trip coordinator.
- Presentations to identify the ideal destination, project and dates.
- Trip briefing to students, parents and supervising adults.
- Risk assessment of project.
- Professional advice from a travel medical provider.
- Guidance and support throughout the booking process.
- Comprehensive tailored information packs detailing your country and trip.
- Fundraising pack.
- Medical and travel insurance.

IN-COUNTRY

- Airport transfers – arrival and departure.
- A Projects Abroad coordinator to liaise and support trip leader.
- Support network of all Projects Abroad in-country staff.
- Comprehensive induction & orientation.
- Accommodation.
- Three meals per day.
- Access to medical facilities.
- Transport between accommodation and project.
- 24 hour support from both the in-country and UK teams.
- Weekend Excursion.

POST - TRIP

Join our Alumni network. Your students will be able to take advantage of our Alumni networks promotional and social events. It is always extremely useful to have returning volunteers convey their experiences to other potential volunteers.

WE CAN ALSO OFFER THE FOLLOWING ON REQUEST:

- A familiarisation visit for the group leader.
- We will arrange a short itinerary to cover all aspects of your trip, including safety, cultural issues, placement visits, activities, advice on how people adapt to life overseas.
- Projects Abroad have a dedicated Travel Team and can arrange your flights or give you advice on travel if you wish to organise your own flights.

PROGRAMME PRICE

Projects vary in price depending on your chosen destination. 2 week group trips can be organised from £1,295 per person based on a group of 20 or £1,395 per person based on a group of 10.

FOR FURTHER INFORMATION  
 ON GROUP TRIPS

Please contact **Scott McQuarrie**  
 at Tel. 01903 708 300 or at  
[scottmcquarrie@projects-abroad.co.uk](mailto:scottmcquarrie@projects-abroad.co.uk)

## ENQUIRY FORM (WRITE IN BLOCK CAPITALS)

Please send this form to:  
Projects Abroad, Aldsworth Parade, Goring by Sea, Sussex, BN12 4TX

Type of group:   
(e.g school, university, sport club etc)

Organisation name:   
Group leader name:

Address 1:   
Address 2:   
Address 3:   
Postcode:

Phone number:   
Email:

Group size:

### ➔ Preferred destination

- |                                     |                                       |
|-------------------------------------|---------------------------------------|
| <input type="checkbox"/> Argentina  | <input type="checkbox"/> Mongolia     |
| <input type="checkbox"/> Australia  | <input type="checkbox"/> Morocco      |
| <input type="checkbox"/> Bolivia    | <input type="checkbox"/> Nepal        |
| <input type="checkbox"/> Cambodia   | <input type="checkbox"/> Peru         |
| <input type="checkbox"/> Chile      | <input type="checkbox"/> Romania      |
| <input type="checkbox"/> China      | <input type="checkbox"/> Senegal      |
| <input type="checkbox"/> Costa Rica | <input type="checkbox"/> South Africa |
| <input type="checkbox"/> Ethiopia   | <input type="checkbox"/> Sri Lanka    |
| <input type="checkbox"/> Ghana      | <input type="checkbox"/> Thailand     |
| <input type="checkbox"/> India      |                                       |
| <input type="checkbox"/> Mexico     |                                       |
| <input type="checkbox"/> Moldova    |                                       |

### ➔ Preferred project

- |   |  |
|---|--|
| <input type="checkbox"/> Archaeology                | <input type="checkbox"/> Sports            |
| <input type="checkbox"/> Business                   | <input type="checkbox"/> Inca Project      |
| <input type="checkbox"/> Care                       | <input type="checkbox"/> IT Project        |
| <input type="checkbox"/> Conservation & Environment | <input type="checkbox"/> Khmer Project     |
| <input type="checkbox"/> Journalism                 | <input type="checkbox"/> Nomad Project     |
| <input type="checkbox"/> Teaching                   | <input type="checkbox"/> Drama             |
| <input type="checkbox"/> University Dissertations   | <input type="checkbox"/> Arts & Crafts     |
| <input type="checkbox"/> Animal Care                | <input type="checkbox"/> Community         |
| <input type="checkbox"/> Veterinary Medicine        | <input type="checkbox"/> Building Project  |
| <input type="checkbox"/> Human Rights               | <input type="checkbox"/> Community Project |
| <input type="checkbox"/> Law                        | <input type="checkbox"/> Learn Arabic      |
| <input type="checkbox"/> Medicine & Healthcare      | <input type="checkbox"/> Learn French      |
| <input type="checkbox"/> Medical Electives          | <input type="checkbox"/> Learn Russian     |
| <input type="checkbox"/> Physiotherapy              | <input type="checkbox"/> Learn Spanish     |
|   | <input type="checkbox"/> Learn English     |

Specific information required: